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Below are a few lines from a friend of mine, Matthew Kelly, relating Lent to a yearning for Springtime. I think we are all ready for Spring. Are we ready to make a springtime in our spiritual life, turning away from old habits and embracing God's better plans for us?

"Lent is a beautiful thing. It's a really unique thing. And it leads into springtime. And we all need a new springtime in some aspect of our lives. You know?

If you look at a flower . . . Why do flowers bloom? They bloom because at some point it becomes too painful not to bloom. It becomes too painful to stay in the bud. And so, they just have to break forth and bloom.

I think in all of our lives, we have that experience where we're experiencing pain, we're experiencing some real need, we're experiencing some real hunger, some real yearning, some real desire for something that is good, and beautiful, and right, and noble. And it's time to break out of that bud.

As we begin this journey together, I want you to see Lent—as an incredible opportunity to burst forward into a new springtime in your life. And that new springtime may be in one aspect of your life, and that aspect of your life may be your spiritual life."

If you are not sure what exactly to do to improve your spiritual life, start by increasing your daily prayer time. In that silence, the Lord will point you in the right direction.

God bless,  
Fr. Jonathan