



“FROM THE DESK OF FATHER JONATHAN”



FEBRUARY 22, 2015

Happy Lent everyone! While the word "happy" isn't what usually comes to our mind when we think of Lent, it IS truly happy as an opportunity for us to draw closer to Christ. During these 47 days (including Sundays) the Church invites us to come closer to God through 1) increased prayer 2) fasting 3) almsgiving. These are not random things. They coincide with who we are as people...mind, body, and soul. Prayer can transform the mind, fasting can heal the body and make us long for spiritual nourishment, and almsgiving is one way to rectify the soul (selflessness!). As a parish family, let's all choose something to give up (or to add!) for our mind, body, and soul! Blessed and Happy Lent!

