



FROM THE DESK OF FATHER JONATHAN

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I think we all appreciate truly humble people. But we all have the experience that it's not so easy to be humble ourselves.

I had a friend in high school who was blessed in every way possible; smart, fun, from a great family, and at 6'4 and 225 pounds he was physically imposing. But he was truly humble. He cared about everyone around him and seemed almost unaware of or at least unimpressed with his incredible talent. I remember times in high school in which I found myself comparing this talented and humble young man to another classmate of mine who was much less gifted in all of these areas but was profoundly arrogant and conceited. I thought to myself, what makes a man humble? Here this friend of mine had every reason to be proud (his talents) but he was humble. The other young man had every reason to be humble (his own weakness) but he was proud.

True humility comes forth from a deep consciousness of who we are before God and others. Here are a few questions to test our true humility.

- Do I worship God regularly in and out of church, talking with him about my daily activities, and asking him for grace?
- Do I place others' needs ahead of my own without resentment or anger?
- Do I recognize that I don't have all the answers and the ones that I do have might be wrong?
- Do I trust that God will be faithful to his promises to me and to the world?
- Do I laugh at myself and laugh with others?

**God Bless,
Father Jonathan**

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