



## “FROM THE DESK OF FATHER JONATHAN”

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**SEPTEMBER 18, 2016**

Whenever we have the chance to review x-rays or sonograms, we are reminded that there is an important part of reality that we simply cannot see with our bare eyes. It is only with the help of other "eyes"--the power of technology--that we can see what is really going on below the surface. But there is another part of reality that we can't see even with the power of technology. It is the spiritual realm. It is the power of God's grace working in our hearts, in nature, and throughout society. I believe that in heaven we will be able to see much more of what is happening below the surface of our material world. We will be able to see God's action with great clarity. We will be shocked.

But even here and now, through faith, we can see some of this spiritual realm. And our degree of spiritual vision depends to a great extent on the degree of our prayer life. Seeing this reality has a way of stabilizing us. People who are deeply united to God in prayer are less likely to be anxious, scandalized, bitter, or angry. They are less likely to speak badly of others, fall into gossip, or constantly compare themselves to others. Why? Because they SEE that God is in control. They SEE that their fears and insecurities are nothing compared to God's love and power. They are at peace with themselves.

One way to improve our prayer life and spiritual vision is Adoration of the Blessed Sacrament. I am thinking of ways to expand the number of days and hours that we expose the Blessed Sacrament in the church for people to be up close and personal with Jesus.

As a beginning, I would like us to consider exposing the Blessed Sacrament every day, Monday - Saturday, between 9:00am and 12:00pm. I know that doesn't fit with everyone's schedule, but I think it could be a source of great grace for our community. Even if we are unable to participate, others will be praying for us. What do you think? Please write to me at [ILOVEOURPARISH@GMAIL.COM](mailto:ILOVEOURPARISH@GMAIL.COM) or call the office 718-295-3770 and let us know your thoughts. Let us grow in our spiritual vision!

**God Bless, Father Jonathan**

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